

# A fresh approach to how we learn and grow



## Our services

- › Counselling: individuals, couples, parents, families
- › Adolescent & young adult mental health specialists
- › Psychological, Clinical & Educational Assessments
- › Programs for Young People:
  - Wilderness Adventure Therapy®
  - Group programs
  - Social & coping skills
- › Family & Parent Programs
- › Advocacy & second opinion: clinical & educational
- › Professional supervision
  - staff training
  - mentoring
- › Coaching Psychology:
  - personal, executives, teams
- › Corporate team development:
  - organisational change facilitation,
  - adventure-based team enhancement
- › Medicare rebates are available for clinical psychology services for mental health issues



## Where we are

378 Burwood Rd, Hawthorn  
(Boroondara Health Centre, near corner Glenferrie Rd)  
› central location  
› convenient car parking (via Kent St)  
› trains and trams within 100 metres

## Appointments/Referrals

Appointments available Mondays to Saturdays 9.00-6.00  
Request an appointment on-line:  
[www.neopsychology.com.au](http://www.neopsychology.com.au)  
OR contact our Appointments Co-ordinator:  
T: (03) 9810 3067 / 0430 059 859  
E: [intake@neopsychology.com.au](mailto:intake@neopsychology.com.au)

[www.neopsychology.com.au](http://www.neopsychology.com.au)

# Our team

Neo Psychology uses a multi-disciplinary team-based approach: Masters & doctoral trained Psychologists are pooled together with a complimentary mix of talented professionals from social work, family therapy, education, youth work, and outdoor education..



# Our approach

Neo Psychology offers engaging and effective services that promote psychological health & development, personal & social awareness, and inter-personal effectiveness. We particularly aim to provide a flexible and responsive approach tailored to each unique individual, family or group.

Services we provide span from brief counselling and coaching psychology, clinical & educational assessment, through to long-term therapy. We also offer group programs as an adjunct or alternative counselling / therapy option.

We continue to develop and improve practices through a genuine commitment to research, including collaborations with research institutions such as Monash University. We evaluate programs, audit counselling services, and train & supervise psychologists and other professionals.

# Our background

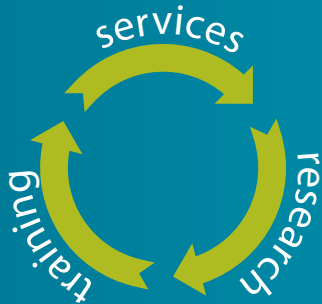


Neo Psychology was founded by Clinical Psychologist, Dr. Simon Crisp. He has a track record of developing and providing innovative services that use a positive psychology approach which incorporates both clinical and educational perspectives. Following a decade of achievement in public sector health, Dr. Crisp continues his vision of providing the best the profession of psychology can offer through contemporary, scientifically valid, and client-centred services. Importantly, these services strive to be relevant, engaging, and genuinely helpful. Neo Psychology emphasises collaboration with clients and other professionals as a central strategy to any successful approach.

# Consultants

- Dr Simon Crisp DPsych MAPS  
Principal Clinical Psychologist / Director
- Emma Lund MPsyh MAPS  
Senior Consultant Psychologist
- Dr. Gerke Witt DPsych MAPS  
Consultant Clinical Psychologist
- Dr. Tammy Tempelhof DPsych MAPS  
Consultant Clinical Psychologist
- Amelia King MPsyh MAPS  
Consultant Clinical Psychologist
- Ben Callegari MPsyh MAPS  
Consultant Clinical Psychologist

# trainingresearchservices



Our *scientist-practitioner-educator* approach has lead to the development of new evidence-based methods such as the internationally recognised Wilderness Adventure Therapy® & Psychological First Response® interventions [visit our website for more information: [neopsychology.com.au](http://neopsychology.com.au)]

# Innovation

Over many years, Neo has developed, and now provides a range of evidence-based interventions including:



> Essential training for mental health professionals, teachers and other youth professionals.



> Effective, engaging & fun programs for adolescents.

